

in-line

with Oklahaven
Children's Chiropractic Center

Fall 2009

4500 North Meridian

Oklahoma City, OK 73112

How a Child Balances to Health and Function

A year ago, the Center received an exciting phone call from a mother in Moscow, Russia looking for help for her child. Dr. Bobby suggested that they could meet at one of the "Oklahaven on the Move" European Seminars either in Hamburg, Germany or Limerick, Ireland, but **Yulia** wanted to bring her child, **Semyon**, to Oklahaven. Yulia said, "My colleague's family brought his child to Oklahaven with many of the same symptoms as my son and they are very successfully on their way to wellness with their child."

Yulia and Semyon traveled from Russia to Oklahoma City in June 2008. **Lidwina Van Dyke**, a long time friend of Oklahaven who lives in Australia, was also working with this family and looked forward to coming back to work again with Dr. Bobby and the staff. Lidwina, one of the best neuro-developmentalists in the world, worked for many years at The Institutes for the Achievement of Human Potential in Philadelphia.

Upon evaluating Semyon, Dr. Bobby saw significant developmental delays for his age of 19 ½ months. His hands were the weakest, fisted with the thumbs turned in. His right side was slower to move than his left and much of the time he just laid on the floor and cried. The Babinski reflex occurred on his left foot only and his vital sensations were intermittent. His pupillary light reflexes were very diminished. He did not see well and could not pick out the details in his environment. He did have a startle reflex. His hearing was his strongest sense. His emotional development was behind in that he knew his family members, but did not show any willingness to socialize with people he did not know.

Lidwina arrived from Australia on the second day. Everyone was surprised to discover that the boy's vision had improved after only one day of treatment; however, his hearing diminished. On the third day, both senses, hearing and vision, balanced.

We have observed this shift many times as profoundly hurt children progress to health. The body balances, beginning its reorganization on the upward spiral to health and full function. Sometimes one eye is stronger than the other, then it shifts to the opposite side before vision comes in, develops, and focuses. With time, the life force brings about the body's balance to all the senses and extremities. Full function miraculously emerges if the body receives continuous care.

With each chiropractic adjustment, the power of the body is released. Generally reorganization progresses at an uneven rate, some days much faster and some days much slower. We have observed in the balancing and shifting within the upward spiral to health, as the orbs become wider and faster, the child connects more to his environment. Developmental delays begin to balance and function emerges, especially from failure to thrive, severe Cerebral Palsy, and the autistic spectrum. This is the natural law, the healthy expression of the life force, which releases hope, more function, confidence, and joyousness.

At the end of the first week-long visit, Semyon was able to crawl on his tummy, pushing with one foot most of the time. His toe dig came in, and he could reach out for his favorite toy, entertaining himself independently. He didn't yet have the curiosity to crawl or creep to see what was around the corner. The degree of curiosity is a measure of how well the child's life force is engaged. We have seen how the child's spinal alignment will determine the degree of movement, increasing energy and bringing more curiosity.

Yulia realized his challenges and saw his independence emerge as he began to reach the milestones he was missing. Another trip to Oklahaven was planned for February 2009, because the changes in Semyon were so encouraging.



Yulia and Semyon

After their second visit to Oklahaven, Semyon was able to sit upright. He was able to control his head and had enough balance to maintain the upright sitting position. He was more flexible. He became balanced in his crawling movements and progressed to creeping on hands and knees exhibiting more proprioception. His vision improved to be able to recognize detail within two to five feet. His manual activities increased in both gross and fine motor skills. He showed more movement with his hands and fingers, and exhibited bilateral release with both hands. When he left to return home, he was not crying as much. He could even pull himself upright. He had two words of speech, and understood simple commands faster, both in English and Russian!

Yulia says, "I was afraid that Semyon would stay dependent on me. We want Semyon to achieve his fullest potential and to become an independent and happy individual knowing his way in this life, self-respecting and deserving. We needed to find a way to help him. I was really encouraged to come to Oklahaven and now feel it was a right direction. We understand that to be successful we need to care about Semyon's physical, physiological, and intellectual body. My husband and I are very supportive of each other and follow a holistic approach in treating Semyon and our older daughter who is 3 1/2 years old and developing normally."

Finding Baby Food in America – A very revealing side story about Yulia and Semyon’s return trip.

Due to weather the flight was postponed. Yulia called Dr. Bobby for she needed more food for her son. She said that they did not have what she needed at the health food store and wanted to go to the grocery store. So, Dr. Bobby took her to the grocery store to help her find baby food. Here are a few of the baby food choices they found:

- Turkey dinner
- Meat sticks
- Macaroni & cheese
- Lasagna with meat sauce
- Mixed greens with apples & bananas (fruits and vegetables in a young body are usually eaten separately for best digestion, especially a very sick child.)

Almost all of the choices had a mixture of foods except for a few fruits.

This Russian mother was horrified! “Is this how Americans feed their children? Is this suitable food for a hurt child? Or any child? Mothers in Russia cook for their children, only eating commercially prepared foods on rare occasions such as traveling.”

One has to ask what are we doing to our babies in the name of convenience? America, why are we feeding our children artificially made junk food?

“What prepares you for the true path of God? The experiences of life.” — Harold Klemp

President’s Report

After 48 years, Oklahaven’s number one goal is still to heal the children and educate the parents on a responsible lifestyle. Because of your support, Oklahaven remains financially strong, debt free and resilient during these tough economic times.

We have balanced income and operating expenses, so we are able to offer excellent affordable care to our families. We have learned that health is a responsibility so all parents

must share somehow in the cost. This steady approach to Oklahaven’s advancement has made it possible to help each family during the current economic situation. Your generosity has helped achieve these goals.

Our newsletter “In-line” has always been a way to thank all of you who have sent your love and support to our work. The newsletter was started by one of our early board members, **Gil Tinker** and his son, **Brian**. The old adage was “Spine in Line, Children Feel Fine”. He came to the center so excited with the idea that others could all be “In-line” to help the children.

Not being a writer, it was very hard work for me, so together Gil wrote the stories and I chose the pictures.

The staff and volunteers felt it was important to archive the “In-line” newsletters on the website. They are now up! I encourage you to share your “In-line” with others to help us spread the message of renewed hope and restored health.



Dr. Bobby Doscher,
President/CEO



It encourages me to tell the stories of the children returning to health and to press forward with my vision of the center being the beacon of light and hope for health.

My travels this year included many lectures, teaching chiropractors, osteopaths, parents, and treating the children. It is such a delight to return to the children and see their excitement in showing me what they can do. The parents see the small changes and are grateful. The families in Honduras are so thankful and their knowledge of chiropractic is growing.

I visited three chiropractic colleges: Northwestern Chiropractic College, Cleveland Chiropractic College in Los Angeles and in Kansas City presented “**The Golden Heart Award**” for the second time to President **Dr. Carl Cleveland** and student leader, now **Dr. James O’Dwyer**.

I was greeted by the security officers and janitor who assured me that they had bought a heart. I especially thanked the bookstore where the hearts were hung, the student body, faculty and clinical staff for their commitment to the children during “**Have-A-Heart**” week.

Dr. O’Dwyer encouraged Dr. Cleveland to entertain a special needs children’s clinic, at the college. In the first

workshop with the upper class students and clinic directors we watched two miracles happen. The life force returned to the face of a one-year-old with Down syndrome, and he began to crawl. Another child who walked unevenly and on his tiptoes began to walk uninhibited and even skipped.

This experience was so incredibly powerful that it moved the students to tears. I felt the great improvements, which happened so quickly, were because the children were under chiropractic care and just needed a little more specific adjustment. This was an opportunity for students to see the power of chiropractic and how it can bring healing to children with a range of symptoms. I look forward to helping the students increase their knowledge and prepare for challenging cases they will encounter in their future practices. The staggering statistics of 1 in 100 children by age 8 are autistic in the U.S. shows the growing need.

Dr. O’Dwyer has accepted a position as Oklahaven’s **Director of External Programs** overseeing the expansion of our Externship Program and the “Have-A-Heart” campaign to the public.

Our 50th Anniversary is just around the corner. To celebrate, our wish is for anyone to share



their chiropractic testimonials, how they gained full function and were able to give back to life, so others can learn the power of chiropractic. We will need your help to do this. Send your stories to www.chiropractic4kids.com/contact.

I am very grateful for this way of life, the responsibility of health and trusting the power of the innate intelligence. Wouldn’t it be wonderful if this generation of children could understand the power within their bodies so they can maintain health throughout their entire life? Now I turn to you the extended Oklahaven community to make a gift that will really make a difference. Most of you have benefited personally from your relationship with chiropractic. Together we are the success of our future. Your donation is a critical ingredient of the center. I thank you for your support.

Parent Support Group: Lessons from Nature - Struggles and Triumphs

By Paula Barnes

The Parent Support Group gathered and observed the cycle of life, in July while picking blackberries at **First Fruits Berry Farm** in Edmond. The opportunity to get fresh berries is always alluring, but more so this year. The owner of the farm, **Rick Webb**, said that the weeks of rain early in the season delayed the production. The bushes then began putting on many berries and he thought "Ok, the season will just begin a little later this year", however the high heat came too soon and the berries were burning up instead of developing fully.



The delay in the development of the berries gave us a rare opportunity to see all their stages. We found clusters of white flowers, then some with the tiny green drupelets and the changes from green to pink to red to purple and finally to the deep black colored berries ready to eat.

I realize the same cycle of life happening in nature reminds me of what is happening at Oklahaven and the delay of life force in the children that are very sick and neurologically disorganized. Something has stopped their body's development. With the power of the life force turned on through the chiropractic adjustment, they begin to heal, go through their growth stages, and with time reach their potential.

We have seen families this year from Amsterdam, Russia, and around the United States. Dr. Bobby also traveled to see children in Boston, Los Angeles, Honduras, and many countries in Europe. We are in awe of our mothers and families who are determined to see their children whole. Their arduous journey includes the challenges of traveling, many a very long distance with a child, dealing with connecting flights, the right place to stay, the right food, changing weather and sometimes a different language.

The support parents give to one another as they meet at Oklahaven and at the "Oklahaven on the Move" seminars brings encouragement. As parents see their child and other children becoming well, no longer in a downward spiral with a label, it confirms their decision about this natural lifestyle. They are growing up and spiraling outward like the berry vines.

These parents have learned to raise their consciousness to see the small changes and be encouraged by the lessons from this journey, gaining strength to trust their inner voice. They are learning **it is about health and not a healthcare system**. What a great example to the world!

We encourage you to find time to gather your family this season and acknowledge the blossoming of your family and celebrate. Look back to see where you were last year. What has life taught you? We invite you to share stories with us at www.chiropractic4kids.com/contact.



Oklahaven Inspired by Responses to "Have-A-Heart"

Thank you to all "Have-A-Heart" participants for your donations and commitment to raising awareness of the power of chiropractic for children.

Each year the **Golden Heart Award** is awarded to the clinic and college campus that sells the most hearts. Originally, the golden heart was a blessing from God, the giver of life. The only one who may possess it is he who gives it away from hand to hand and heart to heart. Winners for 2009:

Cleveland Chiropractic College in Overland Park, Kansas.

Dr. Paul Fisher and his staff at **Fisher Chiropractic Center** in Miami, Fla. who took the opportunity to give new patient exams for a donation to Oklahaven. He explained, "Many people have wanted to start Chiropractic care, but were afraid of the initial cost. This day helps Everyone!"

We have been excited to see the replies from one end of North America to the other, from San Diego, Calif. to Quebec, Canada and from as far away as New Zealand. We were excited by the overwhelming response and inspired by the many heart-felt messages, some short — some long, that accompanied them. We can see that the consciousness for the incredible healing power of chiropractic for the children is rising.

Diana Vancea, Chiropractic and Nutrition Wellness Center in Michigan wrote, "Thank you for this opportunity to touch the lives of countless children who need our help." **Dr. Howard Berg, Island Chiropractic** in St. Simon Island, Georgia (former five-time "Golden Heart" Winner) said "What a powerful feeling it is to know that an adjustment performed in 'our little corner of the world' will make a huge difference in the life of a child at Oklahaven."

The devotion of "Have-A-Heart" clinics is never ending. **Dr. Daly, Daly Family Chiropractic** in Kirkwood, Mo., wishes it would run the entire month of February "to build more awareness." **Dr. Seth Anderson, Discover Chiropractic** in University Place, Wash., calls us LifeSavers and promises to continue helping with "Have-A-Heart" forever. **Dr. Galen Politis, Politis Family Chiropractic** in Pittsfield, Mass., has an award-winning volunteer, **Ms. Jean Johnson**. "Jean is a very humble lady who gives of herself quietly, but consistently as this is the tenth year in a row she has made a quilt to raffle in our clinic for the benefit of the children."

Some clinics are very creative! **Dr. Michael Polson, Polson Family Chiropractic** in Mansfield, Texas, celebrates ValenSpine's Day each year during "Have-A-Heart" Week. **Dr. Viola Agostino Valletta, Chiropractic & Lifestyle Solutions for Families** in New Kensington, Penn., tells us, "As a Valentine gift to each child seen in the office this week, I am making a donation in their name. They all LOVED receiving their heart! Thank you for inspiring us all."

Thank you to all the "Have-A-Heart" participants for inspiring US! We appreciate your efforts and know that your support has made a difference!

Be sure to join the excitement of "Have-A-Heart" 2010!

Help Us Push the Oklahaven Story Further - Into Your Community

Be part of the Have-A-Heart excitement, sign up online www.chiropractic4kids.com:

- I Have-A-Heart for the children and want to bring this message to my community, sign me up to do the campaign during Valentine's week!
 - Show the DVD in my clinic
 - Show the DVD in my community – groups, health food stores, banks, malls
 - Ask everyone to sponsor a heart and return donations with final report. Oklahaven will thank them.
- I Have-A-Heart for the children and will pledge the following support:



YOU CAN MAKE A DIFFERENCE IN THE LIFE OF A VERY SMALL CHILD!

Can you imagine a child struggling to grip a toy or raising his head – or lifting himself to a standing position for the first time? Chiropractic unlocks these abilities through the child's recuperative powers allowing the life force to flow freely, help us celebrate the new life we see coming forth in the children.

The Greatest Gift of All – The Gift of Health!

Ways to Give

- Online** Visit www.chiropractic4kids.com
 - Credit Card** Visa and MasterCard accepted
 - Check** Make check payable to "Oklahaven" Children's Chiropractic Center
 - Phone** Call 1-888-825-6974 to make a credit card gift, pledge, or establish recurring gifts
 - Securities** Please contact Frank San Antonio, Assistant Director of Development at 1-888-825-6974
 - Purchase** Documentary DVD
 - One Child's Journey to Health
 - Parents Sharing Their Journeys
 - Oklahaven-Original
 - Oklahaven/Early Years
- 1 DVD \$20 6 DVDs \$100 15 DVDs \$200 20 DVDs \$250 50 DVDs \$500 (plus \$5.00 S&H)
- Memorial/In Honor of:** Name _____ Address _____

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Donations may be made online at
www.chiropractic4kids.com
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All constituent information maintained by the clinic is kept confidential.
Oklahaven is a non-profit 501(C)(3) organization and your donation is tax deductible, as allowed by law.

Donations may be made online at www.chiropractic4kids.com.

- I Have-A-Heart for the children and will also encourage others to give the gift of health to our future and unite the consciousness for the children during Valentine's week.

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