

in-line

with “Oklahaven” Children’s Chiropractic Center

Winter 2021

4500 North Meridian

Oklahoma City, OK 73112

Solomon

It was while coming to Oklahaven for intensive treatments for my son during the pandemic that I found myself pregnant with my fourth child.

All three of my previous children had been delivered through C-sections and I was told the new baby would also be a Caesarian and be born in November. After visiting with Dr. Bobby, I was surprised to learn that my new child could be born naturally!

A natural birth would be possible with Chiropractic care keeping my body properly aligned and balanced during the gestation

period. Dr. Bobby was sure the delivery would go fine. Studying my pregnant body, she said, “You are very large. I suspect that the baby might come sooner than expected!”

I was introduced to a midwife at the clinic who was bringing her children to Oklahaven for regular adjustments, too. She had had 5 children and the first three were Caesarian and the last 2 she gave as natural births at home. Then, I also heard about another woman in the clinic who had had nine children! The first five were C-sections and the last four were natural births at home. This got me curious!

After consultations with the mid-wife and coaching, I was confident and convinced that this was the way to go; a natural home birth for my baby was what I wanted for sure!

To my surprise, I started into labor a month and a half early on the 18th of September. I starting having contractions which I thought were Braxton Hicks. So I called the Midwife and she came right away. She said “Nooooo...YOU ARE DELIVERING!”.... Solomon was delivered at home, naturally at 12:55 a.m. on the 19th of September with no complications.

Even though he was early and we were not fully prepared, it was much more comfortable being at home. It was a positive experience, unlike my first child’s birth which was an Emergency C-section. At the hospital, I had been left on a table alone. It was so hard. But, at home, my husband was with me as I went through the pains. He held me and I felt at one with him. When the baby



Solomon standing

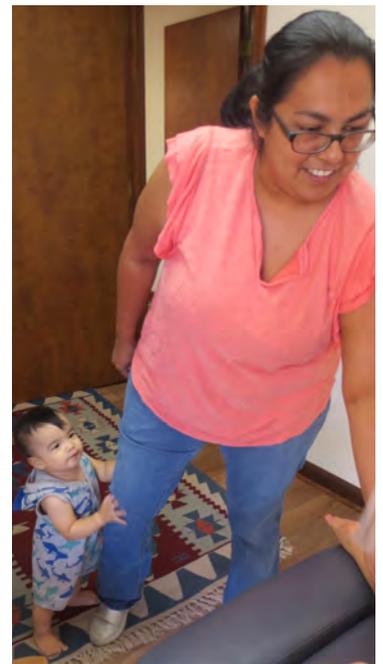


Solomon with his brothers

came I was squatting. The midwife was reaching for her camera. Suddenly the baby shot out, and she yelled, “You better grab your baby! Don’t sit on him!” Then she laughed as I caught him in my arms with great joy! At the hospital they carried the baby off after delivery and I shook all over until they brought him back and put him on my belly. My body never shook at home at all and my husband and I were so much happier staying together with the baby as a family!

Because he arrived early, we did end up going to the hospital. They said his lungs were not fully developed but with a weight of 4lbs 11oz ...I was still delighted and he had arrived whole in my own arms, with joy!

I am very grateful to have been able to experience this wonderful gift, of a natural child birth. And I believe it was all made possible with the help of Chiropractic.



Solomon with his mom

Tuning Forks

“The premise of Chiropractic is that the body has an innate intelligence to heal itself, so that the physical and spiritual may enjoy health happiness and full fruition of our earthly lives.”

D. D. Palmer, the founder of Chiropractic The Chiropractor’s Adjuster, 1910

One day four years ago, Rose came to visit, volunteering her services. She was a new acupuncturist. I told her that we did not use acupuncture on the children at Oklahaven. Then she noticed “the Freenote tones” sitting on the counter. And she asked, “What are these?” I said, “We use them to tone the body. There was a woman who came many years ago and could tell me where the illness was in the child and if they had a broken arm or not by using the tones.” Rose replied, “I am a classically trained pianist from Taiwan.” And I said enthusiastically, “Would you like to learn the tones?” “I am very surprised!” Rose replied I never learned in music school that the sound of the tones could be therapeutic and have healing properties!”

I reached under the sink, and pulled some old rusty German steel tuning forks out. She took them home and cleaned them up. As I began to teach her we started to use them on the chakras of the subtle bodies. Then we progressed to tuning the beginning and endings of the meridians on the children. Rose’s training in both acupuncture and music was incorporated together while benefitting the children!

So what is sound therapy? Sound therapy helps us to heal. The ancient Pythagorean scale tuned to A=432 Hz and a whole octave C major scale assists with healing deep emotional issues and opening us up to heightened levels of awareness! It can effectively relieve stress and tension within the body to achieve peace of mind and deep relaxation.

Tuning forks harmonize the electromagnetic energy field of our subtle bodies, and help the physical, mental, and emotional bodies to be in harmony. Tuning fork resonance brings the body energy to a higher frequency, which makes the body stronger. Then when we vibrate at a higher frequency, we keep from catching illnesses.... and if we do get one, it won’t last as long because the body is healthier and that helps us to recover faster. When Chiropractic and tuning forks are used together the children become calmer. Change comes quickly

Resonating at a higher vibration helps us to change old patterns as they come up. Then rebalancing the body’s energies with sound helps to shift out some deeply embedded and unsatisfying patterns that are holding us back and draining energy. We begin to get more done in a day and to succeed in our goals with more ease. We also see our relationships improve.

As we sleep deeper, messages come to us from deep within us, through our dreams, intuitions and feelings. Our imagination, visualization, contemplation are easier, helping us to heal and thrive. We begin to come alive!

Consistent imbalances lead to chronic problems such as fatigue, depression, lingering illness and a general feeling

of being un-well. When the energy becomes stuck, the body can become painful. Our health is affected by thought, environment and people we come into contact with. As our energy vibration becomes higher, we can change our life patterns.

Using the tuning forks, you will discover that fear can resonate with an overtone that is jagged for an uneasy feeling. Then continuing to use the tuning forks can help to shift your particles from dis-ease to ease, leaving you in a state of calm relaxation. Stress and pain also dissipate. You will be left with a feeling of peace throughout your body.

As we take the tuning fork down the body, the sound changes, revealing energy patterns in the body. As we listen, the change in the sound indicates balance or imbalance and whether resonance has been established. This allows for optimal flow of the life force bringing back harmony and well being.

Trust the wisdom of the body.
You have to give it a try for yourself!



*Palmer Homecoming Sorority 110th Anniversary
Dr. George B. Curry gives Dr. Bobby a donation for the children from
International Subluxation Technique Symposium*

President’s Report

By Dr. Bobby Doscher

As this year of 2021 comes to a close, I am grateful for all the lessons learned: that life goes on no matter what! Babies are born, children grow, and that people are truly capable when we become engaged, when we work together to bring something about. It’s only in pulling together that we can overcome the many adversities.

I am grateful for this Chiropractic way of life. It has taught me to be strong, to trust my human instincts and in how the body can heal and recover. We CAN trust our innate intelligence!

I admire the parents who have accepted this way of life, believing in the Innate Intelligence of the body to recover and heal. Some of the most profoundly hurt children amongst us have come to Oklahaven for healing as a last resort. What the parents learn is that they must see the small changes before the big changes. It is the Greater Force of Life that fills the

body and heals with time.

Our goal next month is to produce a video showing how the body will recover if the mother and child are willing to work hard, come for adjustments regularly, allowing the life force to heal them, bringing the child to their optimal potential. This video will be a retrospective of more than 40 years of healing the children at Oklahaven.

We are going through this rough time of uncertainty, with the pandemic, violence, hatred, discrimination, environmental destruction, financial inflation, and climate change, etc.

56 percent of our children are profoundly hurt! All of this threatens our future. Many have told us that natural health care will not work, but I have watched it work again and again and again!!

So, I invite you to join me in this journey forward of Hope and Healing for the children, because the children ARE our future. Believing in a natural way of life, we are trusting the life force that is within us all, for we are soul, a spark of God. And we are Love! We are spiritual beings, having spiritual experience. Know all is in its rightful place!

I wish to thank our Board of Directors and staff, our many generous donors, and kind volunteers for all your love and support.

Love, Dr. Bobby



Frank overseeing the beautification of the backyard done by the University of Oklahoma event volunteers.



Thank You Dr. Bill

Special thanks to:

- William Harris Family Foundation, Madge Vincent Charitable Testamentary Trust, William E Davis and Margaret Davis Family-Elizabeth Davis Fund, Diana Smith- Designsmith, Inc, Roger Koontz – Graftec Communications, Melissa Perry, Marilyn Ratzlaff - Writer, Marc Barker-Website, Dr. Bill Doscher, Dale Talley, Barry Curl, Paula Hill for building help

Give the greatest gift - The gift of health to a child.

Will you help Oklahaven continue to inspire natural healthcare for our children?

- Online: Make a gift securely at www.chiropractic4kids.com
Phone: Call 405-948-8807 to make a credit card gift, pledge or establish a recurring gift.
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Oklahaven is a non-profit 501(C)(3) organization and your donation is tax deductible, as allowed by law.

Join us this year by signing up for the 2022

"Have-A-Heart Campaign." Go online now www.chiropractic4kids.com or call 405-948-8807

**The Children's Chiropractic Center "Oklahaven"
2021 "Have-A-Heart" Campaign
"Golden Heart Award"
Clinic Award**

**Dr. Daniel V. Strelcheck
Strelcheck Chiropractic Clinic | Crystal Lake, Illinois
&
College Award
Life Chiropractic College West | Hayward, CA**

With gratitude, the Board of Directors, staff, volunteers and parents of the profoundly hurt children, thank everyone who participated in this year's 2021 "Have-A-Heart" campaign to heal the children through Chiropractic and to educate parents on the Chiropractic way of life.

The "Golden Heart" is emblematic of thinking of another person before oneself, giving service and being a channel for Divine Love. It is an attitude that love gives life to everything in creation and is the fabric that holds all life together. This is the life force, the Innate Intelligence we talk about in Chiropractic.

The award is given to the Chiropractic College and the Chiropractic Clinic throughout the world who participated and raised the most funds for Oklahaven in support of our mission. They exemplify the true meaning of the 'Golden Heart' by their creativity, dedication and hard work to the campaign.

We encourage you to continue to show our Oklahaven videos, it will help others to have a greater understanding of the power of Chiropractic for the children.

Congratulations to our winners!

We hope you will join us next February 7th – 14th during Valentines week for "Have-A-Heart" 2022.

Have-a-Heart Committee Members 2021

- Dr. Amy Tirpak "CE Crunchers"
- Traci Rife • Dr. Amanda Apfelblat

Thank you, to Barbara Close - the Calligraphic Artist for the "Golden Heart" 2021 awards.



Golden Heart Winners – Dr. Strelcheck and staff



LCCW Walk-A-Thon for Have A Heart

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