

in-line

with “Oklahaven” Children’s Chiropractic Center

Winter 2012

4500 North Meridian

Oklahoma City, OK 73112

Parker’s Story

This is a story of a Mother who never gave up. From the moment Parker was born 22 years ago, Terrie, his mother, knew in her heart that something was wrong. Her son’s of his mouth and his



tongue was hanging out eyes were crossed. Pediatricians referred him to other specialists. At nine months, he was not sitting. He had eye surgery, yet there were no changes.

When Parker was 2 1/2 years old, he was labeled as having Cerebral Palsy and having problems with asthma, ear infections, constipation, and bed wetting (Cerebral Palsy is a term which encompasses a set of neurological conditions that cause physical disability and slow development. In many cases, it is now referred to as “Failure to Thrive.”).

After many years of therapy without much change, he could not walk independently, was braced, and could speak 50 to 100 words that only his mother could understand. The doctors advised his parents to take him home, love him, and see how he turns out.

Terrie learned that people were trained to hide dysfunction, so no expectations were given for her child. Nothing was helping. Parker acted out and threw his plate at meals. After Terrie was told to get him a special dish with a suction cup, she drew the line.

Real help came when Parker was six. A friend, who had taken her child to Oklahaven, suggested that Terrie take Parker there as well.

After Parker’s first adjustment, he went to his grandparent’s house, opened the refrigerator and announced, “I’m hungry.” Everyone was astonished to hear Parker speak and have the strength to open the refrigerator door. Terrie immediately made a commitment to bring Parker for intensive Chiropractic care. With daily adjustments, small improvements led to bigger changes in Parker’s life. He learned to walk, feed himself, read, write, and dress himself.

When he returned to school, he was about to be labeled in the ADHD spectrum, but was a Cerebral Palsy child in the upward spiral of health. He was then homeschooled, and a happier child.

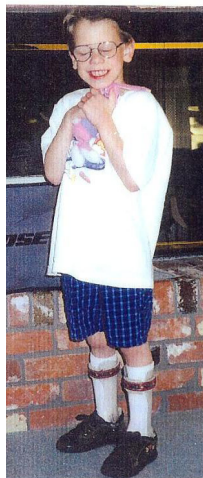
For Parker, nothing came easy and it still requires Terrie’s ongoing commitment to heal her son. They have come to Oklahaven every month for the past 15 years. - Terrie recognizes that it is the chiropractic premise that the power that made the body heals the body. As the life force increases within the body with time, it restores the body to its optimal potential. Terrie has said many times, “If I stop now, that’s where Parker stops.”

As time progressed, Parker improved, but was very hypersensitive to subtle and loud noises especially at malls, ball games and events. The family could only go to certain places and restaurants.

Today Parker is able to do things without constant supervision giving Terrie more time for her daily activities. Since he has improved balance and coordination, he is able to use the restroom by himself and is now able to stay overnight with friends and relatives. His current challenge, like all of us, is keeping his anger under control.

Some things that used to bother Parker are now the things that he loves. He has learned to play the piano and enjoy music. He flies his radio controlled blimp, and became a Laughter Yoga Leader. The

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clinic comes alive the moment he walks through the door, with a smile from ear to ear. Parker laughs his unique laugh as everyone joins in with his contagious laughter, and he changes to his Texas/Oklahoma accent with, “Heeey! How are y’all”? He also volunteers at an assisted living center in his home town. Most amazing of all, **Parker participated in a 5k run** last spring. This is incredible for a child labeled as having Cerebral Palsy.

What Terrie wants all parents to know is that if she had ended chiropractic care, that’s where Parker’s development would have stopped! Parker is beginning to reach his optimal potential.

Because the chiropractic lifestyle gave Terrie and her son a life with more freedom and joy, Parker wants to invite everyone to “Help heal the hurt children.” He hands out hearts and wishes everyone to join in **Oklahaven “Have-A-Heart” campaign.**

Clay

Clay is a wondrous natural product. The power of clay has been documented throughout time. The applications of clay have been diverse, from medicinal applications such as bee stings and infections, for diarrhea, constipation, heartburn, stomachaches, acid indigestion, hiatus hernias, acid reflux, diverticulus, colitis, roto-virus, cuts, bruises, boils, rashes, eczema, acne, arthritis, and burns to more superficial applications such as masks for the face to purify and beautify the skin.

The right kind of clay can bring the body into balance. Clay is a living substance because of how it responds to each organism or person, it is usually found in a deposit or rock and then pulverized into a fine powder for its various uses both internally and externally. The body must be properly hydrated while using clay.

The clay will respond to each person and injury differently. There are many different ways to use clay, experiment to find what works best for you.

To learn more about clay, read Oklahaven’s 50th Anniversary book: And Now What Do I Do?

President’s Report

Oklahaven has now officially surpassed our 50th Anniversary, which is an incredible accomplishment without state, federal or United Way funding. Thanks to the many people who believe in a natural way of life for our children. A special thanks to the silent ones, who, throughout the world, quietly volunteered their time, talents, and monetary support. At the top of the list is our 12-member Board of Directors, professionals who freely give of their time, talents, and expertise.

The year has moved quickly. Thanks to the **World Congress of Women Chiropractors** who honored Oklahaven in January at **Parker Las Vegas.**

“**Oklahaven on the Move**” seminars were in Los Angeles and Amsterdam and we hosted a small seminar at the clinic. I delivered a 12-hour lecture at the **Southern California University of Health Sciences** in September with **Dr. Zail Khalsa** sharing his great techniques, and philosophy; in October, **New Beginnings** in Long Branch, New Jersey with **Dr. Jim Dubell**; and my annual visit to **Northwestern Health Sciences University** with **Dr. Ann Spicer**, professor of pediatrics and her students.

In April, **Dr. Alana Calander**, the historian of Palmer College, came to work on the rich history of chiropractic in Oklahoma. Dr. D.D. Palmer, the founder of chiropractic, came to Oklahoma because it was Indian Territory. We learned from **Dr. John Carver**, a board member, how his grandfather, a withered child helped by D.D. Palmer became a lawyer, and then was influential in establishing the legislation within the state and throughout the country. There were fifteen chiropractic colleges at the turn of the twentieth century in Oklahoma, and the Carver College lasted until 1958.

Life Path TV came to the center and filmed for our 50th Anniversary story this past summer.

We are pleased to introduce our new Executive Director, **Frank San Antonio**, a former banker who has served on our Board since 1998. He brings a wealth of knowledge, tremendous organizational skills, and a true com-

passion for the children. We are grateful for his willingness to serve and advance Oklahaven to its next level.

Thanks to everyone who helped with the success of our **“Have-a-Heart” Campaign** as well as the many **Independent Fund Raisers, Patient Appreciation Days** and the **EPOC** groups. A special thanks to **Dr. Robert Martines**, who organizes an annual 5K run in Northern California, sponsored by **Santa Clara County Chiropractic District of the CCA** and the **Law Firm of Timothy Gill**. His vision is a **“Subluxation-Free Run”** for our children in every major city. The number of sick and disorganized children is immense, and unfortunately increasing at a staggering rate, estimated to be one child out of 80. Who is going to pay?

As we have proven over and over again, through removing the subluxations within their bodies and restoring their life force, the children can reach their optimal potential... healthy, happy, and responsible lives. Wouldn't it be wonderful if this generation of children could understand the power within their bodies?

There is no greater investment than the children please help and promote the precious value of our future. Together we can make it happen!
—With all Love and Gratitude, Dr. Bobby

Recipe-Fresh Ginger Beer

-Courtney Klein, Natural Chef

I love this drink because ginger works as an anti-inflammatory, lemon detoxes, mineral water adds a variety of minerals, and raw honey improves resistance to allergies and helps with the healing process. Every ingredient serves a purpose.

I used sparkling water, however, regular water can be used. Real, sparkling mineral water can be hard to find – most are artificially carbonated. Visit your local health food store to find real, sparkling mineral water that has been bottled at the source.

Example – Apollinaris.

- 1 liter sparkling mineral water
- 3-5 inches of fresh ginger root or to taste
- 1/2 cup lemon juice

Use a spoon to scrape off the skin of the ginger root. Grate ginger with a microplane and strain out the ginger juice in a fine strainer. Pour the ginger and lemon juice into the sparkling mineral water. Optional: add raw honey as needed and stir well.

“The lessons of life are purifying us to make us better beings, to make us better people.” - Harold Klemp

Have-a-Heart Campaign



Please join us this year to celebrate the power of chiropractic for the children by participating in our annual **“Have-A-Heart” Campaign!** This year's campaign will be held during Valentine's Week, **February 7th through the 14th of 2013**. By uniting our consciousness during the campaign, you will raise awareness in your community for chiropractic's role in restoring the life force to severely damaged children.

Congratulations to the **2012 Golden Heart Award winners: the staff of Meek Chiropractic in Springfield, Missouri and Parker University in Texas!** The Golden Heart award is won by the clinic and college that sells the most hearts. The “Golden Heart” is an attitude of putting another before oneself, giving service, and simply being a channel for Divine Love. The only one who may possess it is he who can give it away from hand to hand and heart to heart.



Meek Chiropractic in Springfield, Missouri



Parker University, student and staff

Dr. Loehr of Meek Chiropractic told us how they create excitement and focus during Valentine's week. “We play Oklahaven's video and create hearts for the patients to donate. The video is inspiring to the patients and staff and shows patients how much we care.” Dr. Loehr's favorite thing is to win the Golden Heart Award which they have done for the last three years!

Oklahaven is a nonprofit organization dedicated to using natural, drug-free chiropractic care to give the children the lives they deserve. We invite you to join with hundreds of chiropractic offices, chiropractic colleges, and many other advocacy groups around the world to advance our message of hope and healing for the children. **“Have-A-Heart”** and register online now at www.chiropractic4kids.com.

Give the greatest gift of all – the gift of health to a child! Our future depends on it! Will you help Oklahaven continue to inspire natural healthcare for our children?

- Online.** Make a gift securely at www.chiropractic4kids.com.
- Phone.** Call 1-888-825-6974 to make a credit card gift, pledge, or establish a recurring gift.
- Check.** Make check payable to “Oklahaven.”
- One-time Gift** via credit card -- or -- **Recurring Gifts** via credit card on
 - Monthly Alternate Months Quarterly
- \$25 \$50 \$100 \$250 \$500 \$1,000 \$5,000 other \$ _____
- Check one: MC VISA Amount \$ _____
- Card # _____ Exp. Date _____ CID# _____ (3 digits)
- Signature _____
- Name _____
- Clinic or Business _____
- Address _____ City _____ State _____ Zip _____
- Phone _____ Email _____

Oklahaven is a non-profit 501(C)(3) organization and your donation is tax deductible, as allowed by law.



Join us this year by signing up for the 2013 **“Have-A-Heart Campaign”**. Go online now www.chiropractic4kids.com

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